



Leeds Heritage Theatres Welcome Pack

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ABOUT LEEDS HERITAGE THEATRES

Leeds Heritage Theatres (LHT) is Leeds Grand Theatre, City Varieties Music Hall and Hyde Park Picture House. A charitable trust, together we are united by a single cause; to bring people together, create the extraordinary and provide a positive environment in which to entertain and educate.

Leeds Grand Theatre

Built in 1878 by architect George Corson, Leeds Grand Theatre is a major milestone in Victorian design; famed for its sumptuous interior, plasterwork and other decorative features.

Seating 1466 at full capacity, the auditorium provides a home for performances of all types, including its resident companies Opera North and Northern Ballet. Since its Heritage Lottery Fund and Arts Council supported 'transformation' in 2006, the theatre has hosted the best of the West End and other touring productions, including large musicals, drama from the National Theatre, comedians and music. The theatre played host to the world premieres of Gary Barlow and Tim Firth's, *The Girls* (2015), and Kay Mellor's *Fat Friends The Musical* (2017) and *Band of Gold* (2019).

City Varieties Music Hall

Recognised by the Guinness World Records as the nation's longest-running music hall, The Varieties is Leeds' oldest theatre, beginning life in 1865 as a room above a pub, established for the working class.

Widely known as the home of the BBC's *Good Old Days* from 1953-83, The Varieties' stage has welcomed many of the world's greatest entertainers, from Harry Houdini and Lilly Langtree to John Bishop and Russell Crowe.

Following major restoration work (2009-11), The Varieties is still regarded as one of the nation's best venues for live comedy, music and variety, plus National Theatre live and delayed screenings and the hugely popular Rock 'n' Roll Pantos that showcase the very best of live actor-musicians in a break from the traditional pantomime.

Hyde Park Picture House

First opened in 1914, the Grade II listed Picture House is one of the UK's oldest cinemas.

Beginning its life shortly before the outbreak of the First World War, it gained popularity by screening patriotic dramas and newsreels to boost morale during the action. Surviving the advent of 'talkies' in the 1920s, The Picture House continues to screen the very best independent, art house and classic films from around the world, as well as special live events with filmmakers, artists and academics.

Today, the cinema still attracts devoted visitors and counts some famous faces amongst its fans, including patron, BAFTA-nominated writer and director of the acclaimed 2017 hit *God's Own Country*, Francis Lee, plus Hollywood actor Chris Pine (*Star Trek*), and broadcaster and film critic Mark Kermode.

In June 2023, The Picture House reopened following the completion of a major redevelopment project. Alongside vital conservation work, we also introduced new accessible facilities including a second screen, ramped entrance, expanded foyer, new Cafe Bar and Community Room.

UK THEATRES 10 PRINCIPLES FOR SAFE AND INCLUSIVE WORKSPACES

1. Everyone is responsible for creating and maintaining an inclusive workplace that is positive and supportive.
2. We recognise that harassment or discriminatory language or behaviour may be unlawful under the Equality Act 2010.
3. We will explicitly address and seek to prevent racism and all other forms of discrimination and bias, their manifestations and effects.
4. Those of us who are employers accept our responsibilities under the Equality Act 2010 and the Health and Safety at Work Act 1974.
5. We do not tolerate bullying, harassment or discrimination on any grounds, and will ensure that processes are in place for the reporting and investigation of these serious issues.
6. We recognise that bullying, harassment and discrimination can have significant adverse impacts on the productivity, long-term physical and mental health and well-being of affected people and we will work to eradicate it. This will mean providing adequate protection for complainants and victims, and, where bullying, harassment or discrimination is found to have occurred, taking appropriate action against the perpetrators.
7. We value inclusivity, appreciate difference, encourage self-education and consider people equal without prejudice or favour. We build relationships based on mutual respect. We will all work to give and receive feedback in a constructive way, which we know will improve creativity and productivity.
8. We understand that reporting bullying, harassment or discrimination can be intimidating. If anyone comes forward to report any of this behaviour, we will endeavour to make the process of reporting clear and straightforward, investigate objectively and respect confidentiality where possible. Individuals who have made complaints or participate in good faith in any investigation into bullying, harassment, or discrimination should not suffer any form of reprisal or victimisation as a result.
9. We will respect each other's dignity and differences, regardless of the seniority of our role in an organisation.
10. As we continually work to better understand, develop and deliver this work, those of us who are employers commit to paying professionals with lived experience and/or specialist knowledge in these areas to advise us.

LHT is a PiPA (Parents and Carers in Performing Arts) partner.

PiPA enables and empowers parents, carers and employers to achieve sustainable change in attitudes and practices in order to attract, support and retain a more diverse and flexible workforce. Family information, including childcare recommendations, can be found by clicking on

[this link to Leeds City Council's Family Service webpage](#).



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KEY CONTACTS

Who	What	Email
Ian Sime	General Manager	ian.sime@leedsheritagetheatres.com
Frank Birkett	Programmer CVMH	frank.burkitt@leedsheritagetheatres.com
Technical		
Alan Dawson	Head of Technical and Property	alan.dawson@leedsheritagetheatres.com
Dave Greaves	Property Manager	dave.greaves@leedsheritagetheatres.com
Mark Waters	Technical Manager	mark.waters@leedsheritagetheatres.com
House Management		
Anne Shaw	Head of House Management	anne.shaw@leedsheritagetheatres.com
Kat Ellis	House Manager	kathryn.ellis@leedsheritagetheatres.com
Ian Hartley	House Manager	ian.hartley@leedsheritagetheatres.com
Stage Door (The Grand) tel		0113 245 6014
Communications and Box Office		
Amy Sanderson	Head of Communications	amy.sanderson@leedsheritagetheatres.com
Kelly Scotney	Communications Manager	kelly.scotney@leedsheritagetheatres.com
Rachael Rix-Moore	Sales and Ticketing Manager	rachael.rixmoore@leedsheritagetheatres.com
Pat Bruce	Assistant Box Office Manager	pat.bruce@leedsheritagetheatres.com
Box Office tel		0113 243 0808
Learning & Engagement		
Learning & Engagement		learning@leedsheritagetheatres.com

WIFI PASSWORDS

LGT Visiting Company

AskDaveGreaves

CMVH – Visiting Company

LizardBunHarmonyScrew!

SOCIAL MEDIA

Leeds Grand Theatre: Instagram - @GrandTheatreLS1 Facebook - @leedsgrandtheatre

City Varieties: @CityVarieties

PARKING

There are several car parks around the venue but we have a discounted rate at all Q Parks in the city centre. You will need to pre-book via the website or App and use the code LEEDSGT30.

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HOTELS

LUXURY/BOUTIQUE

Dakota Leeds	https://dakotahotels.co.uk/leeds/	0113 322 6261
Malmaison	www.malmaison.com/locations/leeds/	0113 426 0047
Quebecs	www.quebecshotel.co.uk/home/	0113 244 8989

MID-RANGE

Crowne Plaza	www.ihg.com/crowneplaza/hotels/gb/en/leeds/leeuk/hoteldetail	0113 261 6845
DoubleTree by Hilton	www.hilton.com/en/hotels/lbaccdi-doubletree-leeds-city-centre/	0113 241 1000
Hilton	www.hilton.com/en/hotels/leehnhn-hilton-leeds-city/	0113 244 2000
Jurys Inn	www.jurysinns.com/hotels/leeds	0113 283 8800
Marriott	www.marriott.co.uk/hotels/travel/lbadt-leeds-marriott-hotel/	0113 236 6366
Park Plaza	www.radissonhotels.com/en-us/hotels/park-plaza-leeds	0333 400 6144
Radisson Blu	www.radissonhotels.com/en-us/hotels/radisson-blu-leeds	0113 236 6000
The Queens	www.thequeensleeds.co.uk/	0113 243 1323

BUDGET

Holiday Inn Express	www.ihg.com/holidayinnexpress/hotels/gb/en/leeds/leecc/hoteldetail	00800 80 80 0800
Ibis	all.accor.com/hotel/3652/index.en.shtml	0113 396 9000
Novotel	all.accor.com/hotel/3270/index.en.shtml	0113 242 6446
Travelodge	www.travelodge.co.uk/hotels/323/Leeds-Central-Vicar-Lane-hotel	0871 984 6337
Mercure Leeds Centre	all.accor.com/hotel/B360/index.en.shtml	0113 204 2150
Premier Inn	www.premierinn.com/gb/en/hotels/england/west-yorkshire/leeds/leeds-city-centre-wellington-street.html	0333 003 1756

SERVICED APARTMENTS

Quebecs Luxury Apartments	www.quebecsluxuryapartments.co.uk/	0113 285 6250
Roomzzz	www.roomzzz.com/aparthotels/leeds-city	0113 285 8000
The Chambers	https://www.morethanjustabed.com/	0113 386 3300

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RESTAURANTS

Please note, the bars and restaurants listed below are predominantly independents and only a small selection of eateries available in the city centre.

BRITISH

Harvey Nichols	Brasserie dining combining award-winning design and food on the fourth floor of Harvey Nichols	https://www.harveynichols.com/restaurants/leeds/	0113 204 8000
Ox Club	Light-filled space with à la carte, prix fixe, & brunch menus specializing in elevated comfort food.	https://www.oxclub.co.uk/	0113 487 1814
Shears Yard	Chilled-out Modern European bar/restaurant with steel beams, exposed bricks and a high ceiling.	https://www.shearsyard.com/	0113 244 4144
Six by Nico	A six course tasting menu every 6 weeks - each one themed upon a different place, memory or idea.	https://www.sixbynico.co.uk/leeds/	0113 340 6666
The Ivy	British menus from breakfast to late-night in a two-story space with vibrantly patterned walls & decor	https://ivycollection.com/restaurants/the-ivy-victoria-quarter-brasserie/	0113 388 6222
Chef Jono at V&V	Stylish destination for modern British tasting menus with wine & craft cocktails plus bar snacks.	https://www.chefjonoatvandv.co.uk/	0113 345 0202

CHINESE

Mans Market	Airy, industrial-hip space offers classic & modern takes on Chinese cuisine plus cocktails.	http://mansmarkets.com/	0113 244 0808
Tattu	Contemporary Chinese Cuisine fusing traditional flavours, modern methods & exquisite presentation for a unique dining experience.	https://tattu.co.uk/leeds/	0113 245 1080
Wen's Restaurant	Family-run restaurant offering up home-cooked Chinese plates, dumplings & nibbles in a cosy space.	https://wensrestaurant.co.uk/	0113 244 4408

GRILL

Blackhouse	Modern, glass walled venue for sustainably sourced steak and seafood or a signature cocktail menu.	https://blackhouseleeds.co.uk/	0113 246 0669
Fazenda	Servers carve up to 15 types of grilled meat at your table with a wide range of salads & hot dishes.	https://fazenda.co.uk/leeds	0113 400 1183
Flat Iron	Making remarkable steak accessible to all.	https://flatironsteak.co.uk/restaurant/leeds/	
Gaucha	Designer furnishings and cowhide fabrics create a lavish backdrop for Argentine food and wine.	https://gauchorestaurants.com/menus/leeds/	0113 246 1777

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Red's True Barbecue	Slow cooked meat with specially crafted rubs and seasonings in casual wood and brick filled canteen.	https://truebarbecue.com/leeds/	0113 345 1360
The Restaurant Bar & Grill	Enter the dining room past a notable wine fridge for European food in the old Post Office building.	https://therestaurantbarandgrill.com/our-restaurants/leeds/	0113 244 9625

INDIAN

Bengal Brasserie	Great award-winning food in a friendly and comfortable environment	https://www.bengal-brasserie.com/leeds-city-centre/	0113 243 6318
Bundobust	Casual craft beer bar serving Indian street food menu amid bare brick and wooden benches and tables.	https://bundobust.com/locations/leeds/	0113 243 1248
Indian Tiffin Room	Bright, open-kitchen venue offers Indian street cuisine from chaat to kebabs plus cocktails.	http://www.indiantiffinroom.com/restaurants/leeds/	0113 397 2000
Kerala	Colourful South Indian restaurant with carved wooden chairs, for traditional Keralan specialities.	https://www.kerala-restaurant.com/	0113 234 0033
Mowgli	Indian street food, tiffins and larger curries set amongst trees, swings and fairy lights.	https://www.mowglistreetfood.com/restaurants/leeds/	0113 403 3215
Tharavadu	Indian cuisine from Kerala in a modern venue with floor-to-ceiling windows and polished wood floors.	http://www.tharavadurestaurants.com/	0113 244 0500

SPANISH

Ambiente	Casual and relaxed Spanish dining in a modern setting with balcony dining overlooking the River Aire.	https://www.ambiente-tapas.co.uk/leeds	0113 246 1848
La Taberna	Informal, warm Spanish restaurant specialising in meat, seafood & veggie tapas, plus sangria & wine.	https://latabernalleeds.com/	+44011324508 71

ITALIAN

Bibis Italianissimo	Glamorous, plant filled 20s-style dining room for wide range of Italian dishes or classic cocktails.	https://www.bibisrestaurant.com/	0113 243 0905
Da Vito Ristorante	From classic recipes to new-age kitchen adventures, each dish reflects a passion for high-quality food.	https://www.davitoristorante.com/	0113 234 6666
LIVIN'italy	Relaxed all-day bar/eatery and deli for Italian breakfast, snacks and full meals, plus cocktails.	https://livinitaly.com/	0113 243 0090
San Carlo	Italian dishes in landmark dining room with hand carved stone bar and an iced seafood display.	https://sancarlo.co.uk/restaurants/san-carlo-leeds/	0113 246 1500
Sarto	A bar and restaurant in Leeds with a focus on fresh, handmade pasta.	https://sartopasta.uk/	0113 345 2074

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Stuzzi	Award winning restaurateurs, importers and purveyors of fine Italian stuff.	https://stuzzi.co.uk/leeds/	0113 245 5323
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THAI

Chaophraya	Lavish restaurant and lounge bar for Thai fine dining plus a private room with sunken seating.	https://chaophraya.co.uk/thai-restaurant/leeds	0113 430 0122
Mommy Thai	Three locations providing authentic Thai dishes in a Thai street food atmosphere.	https://www.mommythai.co.uk/	0113 450 7263
My Thai	Industrial chic chain dining room offering familiar Thai cuisine in a lively space.	https://mythairestaurant.co.uk/	0113 245 9245
Sukhothai Restaurant	Bamboo screens and Asian artwork decks out the interior of this Thai restaurant serving 200 dishes.	https://sukhothai.co.uk/restaurants/leeds-city-centre/	0113 242 2795
Thai a Roy Dee	Happy hour specials on Thai meals in a simple but welcoming dining room. Closed Wednesdays.	https://www.thaiaroydeeleeds.co.uk/	0113 245 2174
Zaap	Bright, casual Thai restaurant with market stalls, hanging signs and tuk tuk, for street food menu.	https://zaapthai.co.uk/locations/leeds/	0113 243 2586

JAPANESE

Bar Soba	An award-winning combination of Pan-Asian street food, indulgent cocktails and a cutting-edge soundtrack.	https://www.barsoba.co.uk/	0113 345 3393
Blue Sakura	Trendy, colourful eatery offering all-you-can-eat sushi & Pan-Asian dishes, plus sake & cocktails.	www.bluesakura.co.uk/	0113 244 2989
Chino Latino	Pan-Asian food, cocktails and sake in a clubby space with moody lighting, plus a free car park.	https://chinolatino.co.uk/locations/leeds/	0113 380 4080
House of Fu	Ramen bar with karaoke bar on offer.	https://www.hellohouseoffu.com/leeds/	0113 234 6907
Little Tokyo	Diners sit on cushions on the ground to eat sushi or bento boxes in the cosy candlelit interior.	https://littletokyoleds.co.uk/	0113 243 9090
Sushi Waka	Casual Japanese spot for sushi, sashimi, colourful rolls & bento boxes.	https://sushiwakaleds.co.uk/	0113 243 8339
Teppanyaki	Japanese teppanyaki restaurant, with pared-down Asian styling and cooking on tableside hotplates.	https://www.teppanyakileds.net/	0113 245 3345

LATIN AMERICAN

Casa	A Latin fusion of Colombian, Venezuelan, Peruvian and Mexican dishes from time honoured recipes,	https://www.casa-leeds.com/	07710 958118
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	freshly prepared before your very eyes.		
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PUB GRUB

Midnight Bell	Local brewery-run gastropub with courtyard serving menu of British classics and own brand cask ales.	https://midnightbell.co.uk/	0113 244 5044
The Adelphi	Striking period decor in a Victorian tavern with wood panels and old tiles, plus real ale and grub.	https://www.theadelphileeds.co.uk/	0113 245 6377
The Brunswick	Serving seasonal locally sourced food a wide range of beers and ales.	https://www.thebrunswick.co.uk/	0113 247 0546
The Cross Keys	Smart gastropub with cosy alcoves and an open fire, serving classic British dishes and local ales.	https://thecrosskeysleeds.co.uk/	0113 831 3156
The Owl	From the chef creators of HOME, The Owl is Leeds Kirkgate Market's first ever pub. We offer the very best British food, beer and wines available, in a unique location.	https://www.theowlleeds.co.uk/	0113 5316621
The Ship	Cosy pub with wood-panelled walls, bookshelves, locally brewed hand-pulled ales and homestyle food.	http://www.theshipleeds.co.uk/	0113 246 8031
The White Swan	Pub next to City Varieties serving simple, homemade food and range of local, European and American beers.	https://whiteswanleeds.co.uk/	0113 242 0187
Wapentake	Vegan and gluten-free baked goods plus pub staples served in a cosy space pouring coffee and pints.	http://www.wapentakeleeds.co.uk/	0113 243 2961
Whitelocks Ale House	Former marketman's pub with old wooden bar and stained glass serving British menu and local ales.	https://whitelocksleeds.com/	0113 245 3950 / 0113 242 3368

VEGETARIAN/VEGAN

Cantina	Leeds' original all vegan canteen. Delicious diner-inspired grub at The Old Red Bus Station.	https://theoldredbusstation.com/cantina-brings-a-new-take-on-vegan-food-in-leeds-city-centre	0113 345 1661
Döner Summer	Trendy chain outlet specializing in vegan comfort food & cocktails, plus a take-out option.	https://www.donersummer.com/	0113 345 1930
Manjit's Kitchen	A chalkboard menu featuring Indian street food dishes in a lively space with bright interiors.	https://www.manjitskitchen.co.uk/menu	07941 183132

THE BEST OF THE REST

Eat Your Greens	Organic restaurant in Leeds city centre serving seasonal food and natural wines.	https://eatyourgreensleeds.co.uk/	0113 244 6896
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Friends of Ham	Laid-back hangout on 2-bijou floors for artisan charcuterie and cheese platters, plus craft beers.	https://friendsofham.com/	0113 242 0275
Leeds Kirkgate Market	Where Street Food Meets Market	https://www.leeds.gov.uk/leeds-markets	0113 378 1950
Pieminister	Home to the legendary Mothership and Tower of Power, this is two floors of pie heaven overlooking the Corn Exchange in the centre of Leeds.	https://pieminister.co.uk/	0113 859 1681
Trinity Kitchen	Lively, colourful shopping centre space housing global street food restaurants and pop-up carts.	https://trinityleeds.com/shops/trinity-kitchen	0113 394 2415

BARS AND COFFEE HOUSES

Listed below are a selection of bars that are near the theatre; there are plenty more in Leeds City Centre.

BARS

Bar Fibre	Featuring four floors of partying and one of the most sophisticated environments around, this gay-friendly club in offers everything from neon lights to sofas to sink into, as well as a courtyard and cocktails.	https://barfibre.com/	0113 344 9550
Belgrave Music Hall & Canteen	3-floor 1930s venue for live gigs, comedy, film and art, plus fast food, 2 bars and a roof terrace.	https://www.belgravemusichall.com/	0113 242 2066
Below Stairs	Hideaway bar for a variety of refined craft cocktails, beer and wine in a sophisticated setting.	https://www.belowstairsbar.com/	07810 177836
Blind Tyger	Cocktails inspired from around the world. In the sanctuary that is Blind Tyger.	https://blindtyger.co.uk/blind-tyger-leeds/	0113 246 0770
BrewDog	No-nonsense chain bar specialising in the Scottish brewery's craft beers, with regular guest brews.	https://drink.brewdog.com/uk/brewdog-north-street-leeds	0113 391 2950
Brew York	Craft beer bar in Leeds. 20-line beer selection, cocktails, craft spirits and wine.	https://brewyork.co.uk/our-venues/new-briggate/	01904 848448
Hifi	A friendly and welcoming spot with DJ led and live music nights based around a variety of musical genres including Soul, Funk, Hip Hop, Reggae and Disco.	https://www.thehificlub.co.uk/	0113 242 7353
Queens Court	A leading LGBTQIA+ bar in the heart of Leeds' Freedom quarter.	https://www.queenscourtleeds.com/leeds	0113 2459449
Mean-Eyed Cat	Food, drinks, champagne receptions, private DJs, magicians, bands and more.	https://meaneyecatbar.co.uk/	0113 242 3966
Mix Karaoke	Disco-like setting for karaoke in a variety of rooms suitable for small gatherings or big parties.	https://mixkaraoke.co.uk/	0113 246 9997

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MOJO	Halfway between stylish cocktail bar and laidback pub. Music is the centre at this timeless venue.	https://www.mojobar.co.uk/leeds	0113 360 4810
North Bar	Small glass fronted bar serving over 50 whiskies, 10 gins, 30 rums and loads of hard-to-find beers.	http://www.northbar.com/	0113 242 4540
Roxy Ball Room	The home of competitive social gaming all set to a rock and indie soundtrack, and a fantastic food and drink selection! Booze & Ball Games.	https://www.roxyballroom.co.uk/leeds/	0113 467 2230
Santiago Bar	Live rock, punk & alternative bands regularly play at this casual hangout serving cocktails & beer.	https://www.facebook.com/santiagobarleeds/	0113 244 4472
Sela Bar	Global artisan beers, cocktails and pizzas in a hip hangout for eclectic live music and local art.	http://www.selabar.com/	0113 242 9442
Tailors	Come 6pm, Thursday to Saturday, the tape measure drops at this tailor's and the illustrious gin lounge comes alive, as the roaring twenties are unleashed.	https://www.tailorsgin.com/	0113 450 6527
The Assembly	Bringing understated charm to an intimate home-from-home setting, The Assembly serves craft beer, cocktails and a carefully selected wine list, alongside locally sourced charcuterie, bar snacks and speciality coffee.	https://www.theassemblyleeds.co.uk/crossgates/	0113 318 8486
The Social	Modern, spacious bar with bare brick walls and a mix of seating: wooden chairs, bar stools and comfy sofas.	https://www.instagram.com/thesocialleeds/?hl=en-gb	0113 244 4401
The Domino	Classic bar drinks in a lively setting with daily performances & Friday/Saturday-only cover charge.	https://www.thedomino.co.uk/	0113 513 2086
Brotherhood	Bar serving cocktails, craft beer and pub fare in a trendy space with pool tables and televisions.	https://www.thisisthebrotherhood.com/	0113 243 4060
Wax Bar and Juke Joint	Trendy, funky new bar with an old school theme featuring a jukebox and vinyl records and player.	https://www.instagram.com/wax_bar_leeds/?hl=en	0113 245 9067

COFFEE HOUSES

Flamingos	Leeds's only late-night LGBT+ friendly Coffee House.	https://flamingosleeds.co.uk/	0113 244 8699
Just Grand Vintage Tearoom	Unique afternoon tea experience	https://www.just-grand.co.uk/	0113 243 1306
IF...Call Lane	Counter service menu specializing in breakfast & brunch fare with cosy, rustic interior details.	https://www.ifupnorth.co.uk/	07535952805

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Laynes Espresso	Carefully sourced and freshly roasted coffee beans prepared by trained baristas with a snacky menu.	https://www.laynesespresso.co.uk/	07828 823189
Kapow Coffee	Independent coffee shop in the city centre.	https://www.kapowcoffee.co.uk/	
La Bottega Milanese	Trained baristas brew locally roasted coffees to serve with Italian patisserie and light snacks.	https://www.labottagamilanese.co.uk/	0113 245 4242
North Star Coffee Shop	Award-winning coffee roastery, providing ethically sourced coffees of the highest quality by working with speciality focused producers.	https://www.northstarroast.co.uk/cafe/	0113 824 4230
Olive & Rye	Independent café in the stunning Queens Arcade in the heart of Leeds, providing creative dishes made with locally – sourced ingredients.	https://www.oliveandrye.co.uk/	0113 318 1233
Out of the Woods	Small but perfectly formed with a cosy and friendly atmosphere.	http://outofthewoods.me.uk/	0113 245 4144
Raw Coffee	Small and sleek coffee joint serving coffee using its own roasted beans, Yorkshire Tea and bagels.	https://www.instagram.com/raw.coffeeleeds/	
San Co. Co	Café serving freshly ground coffee, breakfast, sandwiches with home-made bread and Italian pasta.	https://www.facebook.com/cafe.sancoco	0113 244 3956
Sonder	10% off food and beverage when you mention you work at The Grand. A 'Japanro' lifestyle brand, Sonder is a unique blend of Japanese & Retro inspirations, delivering worldly wares, exquisite refreshments and more, nestled in the historic Grand Arcade.	https://www.sonderleeds.com/	

THINGS TO DO IN LEEDS

MUSEUMS

Abbey House Museum	Family-friendly Museum exploring social history and childhood in Victorian era Leeds.	https://museumsandgalleries.leeds.gov.uk/abbey-house-museum/
Leeds City Museum	Six galleries and a programme of family friendly exhibitions in the heart of Leeds.	https://museumsandgalleries.leeds.gov.uk/leeds-city-museum/
Leeds Discovery Centre	Explore the incredible museum store, where you'll find an astonishing collection of over one million objects, captivating stories, and passionate experts all under one roof.	https://museumsandgalleries.leeds.gov.uk/leeds-discovery-centre/
Leeds Industrial Museum	The Leeds Industrial Museum at Armley Mills is a museum of industrial heritage, including collections of textile machinery, railway equipment and heavy engineering.	https://museumsandgalleries.leeds.gov.uk/leeds-industrial-museum/

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National Coal Mining Museum	The National Coal Mining Museum for England provides a unique day out filled with grit and charm.	https://www.ncm.org.uk/
Royal Armouries Museum	The Royal Armouries is the United Kingdom's National Museum of Arms and Armour.	https://royalarmouries.org/
Thackray Museum of Medicine	A museum of the history of medicine adjacent to St James's University Hospital.	https://thackraymuseum.co.uk/

LEISURE

Junkyard Golf Leeds	The home of crazy golf, fun cocktails and all things junk. Go wild for weird & epic mashed up 9-hole crazy golf courses.	https://www.junkyardgolfclub.co.uk/leeds/
The Great Escape Leeds	Immersive escape room games. Create amazing memories, racing against the clock in our 12 award-winning adventures.	https://thegreatescapegame.co.uk/experiences/escape-rooms-leeds
Arcade Club Leeds	Arcade Club is Europe's largest free play video and pinball arcade. More than 300 well maintained classic arcade machines in an ever-expanding library.	https://www.arcadeclub.co.uk/leeds/
Laser Zone	Explore our multi-level fully marshalled arena, equipped with state of the art 'Helios' laser packs and phasers. Score points by zapping your opponents and blasting their bases.	https://www.laserzone.co.uk/leeds/
Roxy Lanes	More than just your average bowling alley, at Roxy Lanes you get the works.	https://roxyleisure.co.uk/location/leeds-the-light/
Tenpin	26 bowling lanes, arcade, table tennis, pool tables, and even beer pong for you to enjoy.	https://www.tenpin.co.uk/our-locations/leeds/

FAMILY DAYS OUT

Visit Leeds	https://www.visitleeds.co.uk/family/
Days Out With The Kids	https://www.dayoutwiththekids.co.uk/things-to-do/yorkshire/west-yorkshire/leeds

GALLERIES

Leeds Art Gallery	Part of the Leeds Museums & Galleries group, whose collection of 20th-century British Art was designated by the British government in 1997 as a collection 'of national importance'. Its collection also includes 19th-century and earlier art works.	https://museumsandgalleries.leeds.gov.uk/leeds-art-gallery/
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The Henry Moore Institute	One of the largest sculpture galleries in Europe with 3 spaces for temporary exhibitions.	https://www.henry-moore.org/
The Stanley & Audrey Burton Gallery and Treasures of the Brotherton Gallery	Collection of fine art, artefacts, rare books and manuscripts.	https://library.leeds.ac.uk/info/1905/about/117/the_stanley_and_audrey_burton_gallery
Yorkshire Sculpture Park	Open-air gallery in West Bretton near Wakefield showing work by British and international artists, including Henry Moore and Barbara Hepworth.	https://ysp.org.uk/

SHOPPING

Trinity Leeds	High street names beneath an iconic glass roof where 120 shops, bars and restaurants are abuzz seven days a week.	https://trinityleeds.com/
Kirkgate Market	Grade I listed historical market where Michael Marks of Marks and Spencer first plied his trade. From textiles and loose-leaf tea to fresh flowers and street food, all found on over 400 stalls	https://www.leeds.gov.uk/leedsmarkets
Victoria Leeds	Combining Victoria Gate and Victoria Arcade, a beautiful shopping district recognised as the premium shopping area in the North of England.	https://www.victorialeeds.co.uk/
Corn Exchange	Iconic independent shopping hub in a magnificent setting.	https://www.leedscornexchange.co.uk/
Arcades	Spectacularly beautiful Victorian arcades across Leeds include Queens Arcade, Thornton's Arcade, Grand Arcade, Central Arcade and the Victoria Quarter.	https://www.visitleeds.co.uk/things-to-do/shopping/?_sft_attraction-tag=shopping-arcades

HAIRDRESSERS & BARBERS*

Teisha's Hair and Beauty Salon	https://merrioncentre.co.uk/units/teishas	07803 004080
Tint	https://www.tintleeds.com/	0113 243 3004
Renegade Hair Studio	http://www.renegade-hair-studio.com/	0113 245 9374
Russell Eaton	https://russelleatonhair.com/	0113 246 9162
Evolve	https://www.treatwell.co.uk/place/evolve-hairdressing/	0113 234 1130
BarberBarber	https://www.barberbarber.com/leeds	0113 242 5767
Temple Barbershop	booksy.com/en-gb/38968_temple-barbershop-leeds_barber-shop_1471373_leeds	0113 245 9695

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GYMS*

The Core Gym	https://www.thegymgroup.com/	0300 303 4800
Bannatyne Health Club	https://www.bannatyne.co.uk/health-club/leeds	0344 477 4777
PureGym	https://www.puregym.com/city/leeds/	Multiple Sites

SPAS*

Oulton Hall	Set in 300 acres of landscaped gardens on the outskirts of Leeds with spa and leisure facilities.	https://www.oultonghallhotel.co.uk/	0113 282 1000
Rudding Park	An indoor and outdoor rooftop luxury spa in Harrogate.	https://www.ruddingpark.co.uk/spa/	01423 871350
Thorpe Park Spa Hotel	Spa with 13 metre swimming pool, indoor jacuzzi, sauna and steam rooms, an extensive Technogym as well as relaxing treatment rooms and poolside and outdoor relaxation spaces.	https://www.thorpeparkhotel.co.uk/	0113 264 1000
Chevin Country Park & Spa	An alpine-feel country spa at the shore of a small lake, surrounded by birch forest, interspersed with log cabins.	https://www.chevinhotel.co.uk/	01943 467818

MASSAGES*

Circle 8 Massage	Simple, homely city centre parlour specialising in sports massages.	https://www.circle8massage.co.uk/	07735 986040
ID Holistics	A holistic therapy studio by the River Aire.	https://www.fresha.com/a/id-holistics-leeds-we-are-wellness-y8h536fm	
Nuad Thai Boran	Traditional Thai massage near the train station.	https://www.nuadthaiboran.co.uk/	07534 274897
Rosa's Thai Massage	Traditional Thai massage or deep tissue massage using Tiger Balm.	https://www.rosathaimassage.co.uk/	07922 881689
Direct D-Stress	Small practice in Headingley specialising in physio and Chinese massages.	http://www.directd-stress.co.uk/	07832 352350
RMUK	Large four-storey salon with 30 years' experience.	https://www.rm-uk.com/	0113 243 6842

NECESSITIES

Please note Leeds Heritage Theatres is not affiliated with any of the following services and accepts no responsibility if you decide to use them.

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DOCTORS*

St George's Road (Minor Injuries Unit)	https://www.localcaredirect.org/services/walk-in-services/	St Georges Rd, Middleton, Leeds LS10 4UZ 0330 311 5106
Shakespeare Medical Practice (Walk in)	https://onemedicalgroup.co.uk/surgeries/shakespeare-walk-in-centre/	Burmantofts Health Centre, Cromwell Mount, Leeds LS9 7TA 0113 2951132
A&E St James's	https://www.leedsth.nhs.uk/patients-visitors/our-hospitals/st-james-university-hospital/	Beckett St, Harehills, Leeds LS9 7TF 0113 243 3144
A&E LGI	https://www.leedsth.nhs.uk/a-z-of-services/emergency-medicine/	Great George St, Leeds LS1 3EX 0113 243 2799

DENTISTS*

Headrow Dental Practice	https://www.headrowdental.com/	0113 243 4014
The Tooth Spa	https://www.thetoothspa Leeds.co.uk/	01132 625545
North Leeds Dental Clinic	https://northleedsdental.com/	0113 2683137
Leeds Dental Institute	https://www.leedsth.nhs.uk/patients-visitors/our-hospitals/leeds-dental-institute/	0113 244 0111
City Dental Leeds	https://www.citydentalleeds.com/	0113 245 4868

PHYSIO*

CSPC Physiotherapy	https://www.cspc.co.uk/	0113 2750606
Leeds Physiotherapy Clinic	https://www.leedsphysioclinic.com/	0113 245 7800
Leeds Sports Physio	https://www.leedssportsphysio.com/	07974 578191
Ideal Physio	https://www.idealphysio.co.uk/	0113 268 9326
The West Point Practice	https://www.westpointpractice.co.uk/	0113 244 0115
Sport and Spinal Physio	http://sportandspinalphysio.co.uk/	0113 234 1199

CHIROPRACTORS*

Chiropractor First – Leeds City Centre	https://www.chiropractic-first.org/portfolio/leeds-city-centre/	0113 293 3000
Relieve Clinic – Leeds City Centre Osteopaths	https://relieveclinic.co.uk/	0113 451 0112

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Headingley Chiropractor Clinic	https://headchiro.com/	0113 228 9888
Freedom Care Clinics	https://freedomcareclinics.com/	0113 345 5060

SUPPORT CENTRES

Yorkshire MESMAC	https://www.mesmac.co.uk/	0113 244 4209
Samaritans Leeds	https://www.samaritans.org/branches/leeds/	116 123 (free from any phone)
Mental Health Services	https://www.leeds.gov.uk/adult-social-care/mental-health-services	111
Support After Rape and Sexual Violence Leeds	http://supportafterrapeleeds.org.uk/	Freephone 0808 802 3344 Text 078 600 22 880
The Market Place Leeds (support service for 11-25-year-olds)	https://www.themarketplaceleeds.org.uk/	0113 246 1659

SPECIALIST SUPERMARKETS

Abu Bakr (Halal)	https://abubakrsupermarkets.com/about/	37 Queen's Road, 259 Dewsbury Road 215 Roundhay Road 0113 360 8800
Sing-Kee Oriental Supermarket	https://singkeefoods.co.uk/gb/	9 Pilot Street Leeds LS7 9NR
Ofosua's African Supermarket		171a, 173 Beeston Rd, Leeds LS11 6AW 0113 270 4449
Out of This World (Vegan)	https://veganproducts.co.uk/	20 New Market Street, Leeds, West Yorkshire, LS1 6DG 01132 441881
Mahmood Halal Butchers		23 Alexandra Road Leeds LS6 1RF Phone number 0113 274 2840

PLACES OF WORSHIP

A comprehensive list can be found at: <https://www.yell.com/s/places+of+worship-leeds-west+yorkshire.html>

CARS/TAXIS

AMBER CARS:	0113 202 2112
ROYAL CARS:	0113 230 5000
INNER CITY:	0113 246 1919
PRIVILEGE EXECUTIVE CARS:	0113 264 7315
GALAXY EXECUTIVE TRAVEL:	07747 462 327



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