

# Interview Tips & Tricks

## Point Evidence Explanation

PEE can be super helpful when structuring interview answers.

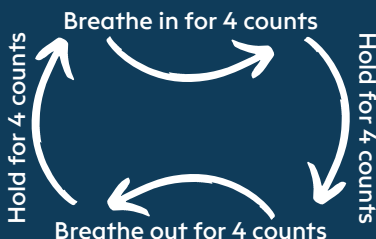
**POINT** - This is a statement (eg. I have demonstrated excellent time management skills when studying for my GCSEs.)

**EVIDENCE** - This backs up your statement (eg. As I am studying for 6 GCSEs, I need to split my time between each subject and creating a revision timetable helps me stick to this.)

**EXPLANATION** - Explain why the evidence proves the statement (eg. Without the revision timetable, it is hard to track what work I have completed and what is yet to be done. This time management technique is therefore helping me to succeed in my exams.)

## Box Breathing

Try this before an interview if you're feeling nervous



# Interview Timeline

## One week before the interview

- Highlight the job description and think of examples of when you have demonstrated those skills
- Research the company and their values
- Make notes to take to prompt your answers (if needed)
- Jot down some questions to ask the interviewer



## One day before the interview

- Reread the job description and your notes
- Pack your bag so you don't forget anything
- Practise answering skills based questions (you can find these online)
- Get an early night



## The day of the interview

- Eat breakfast
- Get there 10 minutes early
- Remember the interviewer wants you to succeed!



## After the interview

- Allow yourself time to decompress before going back to school/work
- Be kind to yourself, you tried your best!

